

## **RYC OFFSHORE REGATTA HIGHLIGHTS OF EQUIPMENT GUIDELINES**

This list of safety items is intended to call to the attention of the skipper and crew, certain items to which particular attention should be paid. This list is not intended in any respect to replace or limit the items required by the ISAF Offshore Special Regulations Governing Offshore Racing for Monohulls & Multihulls *Including US SAILING Prescriptions* or government regulations.

### **On Deck**

- Type 1 Life Jackets, one per crewman, stowage location labeled
- Offshore Inflatable Life Vests (personal crew item)
- Safety Harness and tether (if not combined with Inflatable Vest, personal crew item)
- Strobe light and whistle, attached to crew inflatable vests (personal crew item)
- Personal Locator Beacon recommended
- Attachment points in cockpit for tether attachment
- Port and Starboard jack lines running from stern to bow
- Man overboard pole with attached horseshoe buoy and strobe
- Lifesling retrieval system
- Radar reflector
- Emergency tiller
- Retaining device for main companion way crib boards and cover
- Boom preventer
- Topping lift or vang capable of supporting boom
- Storm foresail or Roller Furling foresail
- Mainsail reefing
- Ship's knife capable of cutting largest line of running rigging
- Bilge pump handles, either permanently installed or provided with a lanyard or catch or similar device to prevent accidental loss

### **Below Deck**

- EPIRB 406 MHz recommended (optional mounting on deck)
- VHF Radio, fixed mount
- Emergency radio antenna
- Backup VHF handheld radio
- GPS
- Paper charts for course sailed and all potential ports of refuge along route with tools for dead reckoning
- Fog Horn
- Flashlights
- Q-Beam spotlight
- Tapered plugs secured at each thru-hull fitting
- Electric bilge pump
- Manual bilge pump(s)
- Two buckets suitable for emergency bailing
- First Aid Kit with first aid instruction manual
- Flare Kit
- Tools and spares including rigging cutter or means to release standing rigging clevis pins

- At least two fire extinguishers but total number per United States Coast Guard requirements
- Man overboard procedure and assignments posted on bulkhead
- Crew briefing of location and use of all safety items prior to leaving dock